



Hello Parents & Guardians,

West River Health Services, Hettinger Clinic is offering Sports Physicals and Well-Child Exams, just in time for Summer Camps, for grades 6-12. When: **Tuesday May 27<sup>th</sup> & Tuesday June 3<sup>rd</sup>, 8:00 am - 4:30pm.**

There is the option to schedule just a Sports Physical, or a Well-Child Exam, which includes a Sports Physical.

What is the difference?

A Sports Physical is a physical exam, which includes discussion on personal or family history of illness that could cause concern for the safety of sports participation for your child.

**Sports Physical cost is \$45.00 and is due at time of exam.**

A Well-Child Exam, recommended annually, includes screenings for vision and hearing, confidential evaluation for any mental or reproductive health concerns, addressing or follow-up on medical concerns, filling medications, screening preventative labs if needed, and to provide any immunizations your child is due to receive.

**Well-Child Exams are submitted to health insurance.**

- Most health insurance plans will cover an annual Well-Child Exam and immunizations, however, contact your insurance to verify coverage by calling the member number on the back of your insurance card.

**To Schedule:** Contact WRHS, Hettinger Clinic at 567-4561 for an appointment.

- You will need to specify whether scheduling a Sports Physical or Well-Child Exam.

**What to bring to your Sports Physical or Well-Child Exam:**

- Wear or bring shorts
- Completed and signed NDHSAA Form:  
[https://d2q0tptsfejku7.cloudfront.net/uploads/files/NDHSAA\\_Physical\\_Form.pdf](https://d2q0tptsfejku7.cloudfront.net/uploads/files/NDHSAA_Physical_Form.pdf)
- Consent to Treat Minor Children Form- if child will be coming without a parent or guardian.  
<https://www.wrhs.com>

Sincerely,

Joy Laufer, LPN