

Armory plays host to 2nd Annual Scrubs Camp

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A student looks through a piece of equipment used by emergency personnel during Scrubs Camp at the Hettinger Armory. (Record Photo by Cole Benz)

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Thanks to the University of North Dakota's Center for Rural Health and the Area Health Education Center (AHEC), students of Mott-Regent and Lemmon schools got a window view into a multitude of healthcare professions.

Scrubs camp was hosted locally in Hettinger at the armory and included over 60 students and more 10 different speakers or groups of speakers.

This is the second year Hettinger has hosted the event. Last year's scrubs day was also held at the armory and featured students from Hettinger and Scranton. The event will most

likely be on a rotation basis. Amanda Reimer, one of the speakers and event organizers, said that it was a great event this year.

“It went really smooth this year, it was nice because we had a year under our belt,” Amanda Reimer said. “I think it went pretty good this year.”

The speakers included: Joshua Ranum (Internal Medicine), Lindy West (Veterinarian Medicine), Reimer (Massage Therapy), Tera Bieber (Public Health Nurse), Jezzele Salazar and Orby Reyes (lab work), Alex Thompson and Lynly Hebert (Physical and Occupational Therapy), Lemmon and Mott volunteer ambulance, Lemmon and Mott volunteer fire fighters, Kristen Forster (Dental), Joel Duetscher (Chiropractor).

Reimer said that the national organization gives local event planners a list of possible healthcare professions, and from that list, local providers are selected or asked to volunteer.

“We just find local people that are in that field and we ask them to volunteer their time to come talk to students about [their field],” Reimer said.

At the armory, the speakers were divided among the classrooms, with the fire fighters and EMTs outside to accommodate the space needed for the demonstrations.

Changing the format from last year, the event featured a classroom map for the students. So instead of guiding them from room to room, the students were empowered to make their way to the next station.

During their lunch break, students were treated to a presentation on HOSA by Hettinger High School senior Alec Andress. HOSA is a student organization, similar to FBLA, that centers around the healthcare industry. Students are educated, and compete in various health related fields at the local, state and national level during the school year.

Two chaperones from each Mott-Regent and Lemmon came along to help. And those from the hospital that helped execute the event included Ted Uecker, Patty Ness, Anthony Larson, Cindy Ham, Tera Fried, and Reimer.

Along with educating the students on the various health professions, the event also gives them insight into the career paths for their desired occupation. For example, each student was given a packet at the start of the event, and included in the packet was a sheet that had examples of career ladder pathways. It even mapped out a path from receptionist to physician.

Reimer wanted to thank the community and the city for the use of the armory. She also wanted to thank the volunteers from the hospital.

“We had a lot of people step up at the hospital last minute,” she said. “We had quite a few of us step in and take a bigger part of it this year.”

Sponsors of the event included: Center for Rural Health at UND School of Medicine and Health Sciences, North Dakota Area Health Education Centers (AHEC), West River Health Services, Adams County Development Corporation, Hettinger Area Chamber of Commerce, City of Hettinger, Mott-Regent Public School, Lemmon Public School, Southwestern District Health Unit, West River Veterinary Clinic, Apollonia Dental Office, Lemmon Fire Department and EMS, Mott Fire Department and EMS, RZ Motors.