

## Useful General Web Sites

Medical information abounds on the World Wide Web – but much that's available is not reliable or is intended to help sell a product. Beware of glowing testimonials and promises of miraculous results.

Using a search engine to find medical information on the entire Web usually results in questionable information retrieval. It's almost always better to visit a reputable site and be confident the information is valid.

This list is in no way all-inclusive, but it contains reliable sites sponsored by credible organizations and government agencies. Most of these are searchable and contain links to additional sites.

Criteria considered for inclusion in this list:

- Reliable content
- Non-technical reading level
- Reputable sponsor
- Current: site is maintained and updated
- No apparent commercial bias

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**www.weather.com** Can search local and nationwide weather forecasts

**http://discovernd.com** North Dakota state home page: road information, links to communities, state agencies & officials

**www.state.sd.us** Official South Dakota state home page

**http://firstgov.gov** U.S. government's official web portal: massive site: federal agencies, consumer help, almost everything U.S. citizens need to know

**www.nalusda.gov** National Agricultural Library, USDA: AgNIC, Agricola online info

**www.lcweb.loc.gov** Library of Congress: an awesome site – something for all: text, audio, video; history & culture; legislative info; Congressional Record

## Recommended Medical Internet Sites For Consumers



Medical Library

West River Regional  
Medical Center  
1000 Hwy 12 • Hettinger ND 58639  
701-567-4561

[www.wrhs.com](http://www.wrhs.com)

- [www.alz.org](http://www.alz.org) Alzheimer's Assn  
consumer "gateway" site; simple to navigate
- [www.ama-assn.org](http://www.ama-assn.org) American Medical Assn:  
Doctor Finder; can search AMA professional journals; links to Medem
- [www.americanheart.org](http://www.americanheart.org) American Heart Assn
- [www.arthritis.org](http://www.arthritis.org) Arthritis Foundation
- [www.cancer.gov](http://www.cancer.gov) National Cancer Institute
- [www.cancer.org](http://www.cancer.org) American Cancer Society
- [www.cdc.gov](http://www.cdc.gov) Centers for Disease Control & Prevention: health topic fact sheets, prevention guidelines, traveler health
- [www.clinicaltrials.gov](http://www.clinicaltrials.gov) Current information about clinical research studies for patients, family members & the public
- [www.diabetes.org](http://www.diabetes.org) American Diabetes Assn
- [www.eatright.org](http://www.eatright.org) American Dietetic Assn: food & nutrition information
- [www.entnet.org](http://www.entnet.org) American Academy of Otolaryngology: >Public & Patients, >ENT health information
- <http://familydoctor.org> American Academy of Family Physicians: searchable medical conditions
- [www.fda.gov](http://www.fda.gov) Food & Drug Administration: drug news, recalls, safety alerts
- [www.health.gov](http://www.health.gov) Portal to many sites of HHS; federal health initiatives
- [www.health.state.nd.us](http://www.health.state.nd.us) North Dakota State Health Dept
- [www.healthfinder.gov](http://www.healthfinder.gov) U.S. Dept HHS
- [www.healthweb.org](http://www.healthweb.org) Consumer site on selected topics, maintained by Midwestern medical librarians
- [www.hhs.gov](http://www.hhs.gov) Dept Health & Human Services: searchable, very inclusive, easy to use
- [www.kumc.edu/gec/support](http://www.kumc.edu/gec/support) Genetic & rare conditions site, University of Kansas Medical Center
- [www.lungusa.org](http://www.lungusa.org) American Lung Assn
- [www.mayoclinic.com](http://www.mayoclinic.com) Mayo's fine consumer site; also has drug & dietary supplement information
- [www.medem.com](http://www.medem.com) Searchable site sponsored by 45 medical organizations
- [www.medicare.gov](http://www.medicare.gov) Official U.S. govt. site for people with Medicare
- [www.modimes.org](http://www.modimes.org) March of Dimes: Genetic conditions: >Pregnancy & Newborn, >Birth Defects
- [www.nih.gov](http://www.nih.gov) U.S. government's National Institutes of Health: >Institutes for 28 specific agencies, including:
- [www.niams.nih.gov](http://www.niams.nih.gov) National Institute of Arthritis, Musculoskeletal & Skin Diseases
- [www.niddk.nih.gov](http://www.niddk.nih.gov) National Institute of Diabetes & Digestive & Kidney Diseases
- <http://nccam.nih.gov> National Center for Complementary & Alternative Medicine: objective info on therapies & supplements
- [www.nhlbi.nih.gov](http://www.nhlbi.nih.gov) National Heart, Lung, & Blood Institute
- [www.nimh.nih.gov](http://www.nimh.nih.gov) National Institute of Mental Health: >Health Information
- [www.nlm.nih.gov](http://www.nlm.nih.gov) National Library of Medicine: >PubMed searches MEDLINE, index to professional biomedical journals
- [www.medlineplus.gov](http://www.medlineplus.gov) Comprehensive consumer health database of National Library of Medicine with multitudes of links; probably the best all-around site for non-professionals; drug info, medical dictionary, encyclopedia, news, interactive tutorials
- <http://ods.od.nih.gov> Office of Dietary Supplements: >Health Information
- [www.quackwatch.com](http://www.quackwatch.com) Guide to health fraud & quackery
- [www.rheumatology.org](http://www.rheumatology.org) American College of Rheumatology: >Patient & Public; >Patient Education
- [www.safemedication.com](http://www.safemedication.com) American Society of Health Systems Pharmacists
- [www.webmd.com](http://www.webmd.com) "WebMD Health" is consumer component of this extensive site. Explanation of medical tests: >Medical Library, >medical tests

(NOTE: > indicates "click on")